

Worried about someone who gambles?

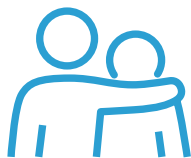
Talk.
Share.
Support.

If you think gambling is negatively affecting someone close to you, having a conversation with them will show you care. And it could change their life.

Conversation tips



Set aside time to chat in a quiet, comfortable place where others won't overhear



Approach the issue with care and sensitivity



Be patient



Encourage them to speak freely



Offer guidance on help options



Check in regularly to see how they're going and offer further support